

Revive: Overcoming Obstacles, Confronting Fear, Embracing Hope  
1 Thessalonians 5:12-24  
Couples Project  
March 7, 2017

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**Part I** - *To be completed separately before the message. You can begin at your leisure, but time will be given at the beginning of the meeting to complete this first portion.*

1. If you could download an instruction manual on how to gain victory in a certain area, what area(s) would you choose? Don't limit your answers just to marital answers, but be sure to include at least a couple that are specific to your marriage.
2. What are some of the ways you personally might manifest frustration or unbelief in your marriage? If your spouse were asked this question about your conduct, would s/he provide the same answers or different ones? Include you list...then add any your spouse might add.
3. When you sit under preaching that is focused on your marriage, how do you normally respond? Do you welcome it? Push it away? Swallow it like bitter medicine? Criticize it? Pick and choose what you want to apply? Any combination of the above? Anything not included above?
4. On the line below, place an "X" where you believe your marriage currently is in regards to trying to grow.

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*Stagnant  
and  
stuck*

*Struggling  
but in the  
battle*

*Better  
that we  
were  
before*

*Looking  
forward  
to a bright  
future*

**Part II** - *To be completed separately after the message. Time will be given following the message to complete this second portion.*

1. What are two or three things you heard in the message that stand out to you in a particular way?
2. When Rob called us to know our spouse, Rob addressed the default of using only one tool to interact with our spouse. What is your "default" tool? What impact has that "tool" had on your marriage and your spouse? Positive and/or negative.
3. Of the five "laminated cards" Rob taught about, which most resonated with you? With which one did you most identify?

**Part III** - *To be completed together within one week after the meeting. Take time where you can talk in an uninterrupted and unhurried way to complete the third portion of this project.*

1. Pray. Ask God for his help to keep your conversation fruitful and redemptive. If, at any point during the conversation you feel conflict brewing, stop and remember together that Christ means to be the center of the marriage and the conversation, not a conflict.
2. Take the time to share your answers from Question 1 in Part II. Realize that God may have spoken to each of you in different ways, seeking to address different things. Don't correct or critique. Simply inform and share God's activity during the message.
3. Review your answers to Question 4 from Part I. Compare how you answered, realizing that you may be in a different place than your spouse. Choose not to be offended by how different their answer may be. Explain to one another your answers.
4. Review your answers to Part II Question 3. Ask your spouse if they have faith to believe this could be true and work. Talk through potential practical steps that may need to happen.
5. Pray. Ask God to strengthen you with the might of his power as he fills your marriage with his Spirit. Ask him to forgive you for your contribution to any challenges and thank him for bringing you together as a couple. Pray that God would provide all of the help you need